

Do you have **DIABETES?** Have **QUESTIONS?**



Come to our **FREE Diabetes Class.**

Learn how to manage diabetes and reduce health risks.

Sign up for the class in advance or schedule an individual diabetes counseling session. Walk-ins are also welcomed!

Call: 773-768-5000

Sherie Withers-Banks - ext. 1032 or
Daisy Gallardo - ext. 1030

**Wednesday
March 22, 2017**

CFHC South Chicago
9119 S. Exchange Ave.
3:00 p.m. — 4:30 p.m.

2nd Floor Patient Education Room C



EAT WELL



BE ACTIVE



SEE YOUR PROVIDER

This is a service of:

CFHC
CHICAGO FAMILY
HEALTH CENTER

www.chicagofamilyhealth.org