

Mommy & Me!
¡Mamá y Yo!

CFHC
CHICAGO FAMILY
HEALTH CENTER



Breastfeeding Classes

Clases de Lactancia

Tuesday, March 13, 2018

11:00 A.M. - 12:00 P.M.

CFHC South Chicago • 9119 S. Exchange Ave.

WIC Department, First Floor

Martes 13 de marzo, 2018

CFHC South Chicago • 9119 S. Exchange Ave.

11:00 A.M. - 12:00 P.M.

Departamento de WIC, Primer Piso



**Dads & babies
are welcomed!**

**¡Papás y bebés
son bienvenidos!**

CFHC is hosting a series of breastfeeding classes every month.

This month's topic is "Increasing milk supply"

CFHC tendrá una serie de clases de lactancia cada mes.

El tema de este mes es "Aumentando la cantidad de leche"